

What am I most interested in?

My interests, wishes and dreams

IMPORTANT: This worksheet is for your first orientation. Many more detailed worksheets as well as information and instructions to support you in your career or school choice can be found e.g. in the textbook "**So geht's weiter**" by Egloff/Jungo/Mathis, published by Ed. Hölzel (www.hoelzel.at/sogehtsweiter) or in other textbooks for career orientation.

(First write down everything that comes to mind. At first write down your ideas, rate them later.)					
My ideas:					

What do I want as regards my own occupational future? (First write down everything that comes to mind. At first write down your ideas, rate them later.)

My ideas:	im	very portant	important	less important

What is important to me in my life?

(First write down everything that comes to mind. At first write down your ideas, rate them later.)

My ideas:	very important	important	less important